

OT SUPERVISION

Occupational Therapy Professional Supervision is the second priority for OT Workforce Development (CMHL Scoping, 2021). There are now a number of training, e-learning and resources available to occupational therapists, summarised here:

MENTAL HEALTH SUPERVISION TRAINING:

2-day Face to Face Training: Introduction to Clinical Supervision training for Beginners. Multi-disciplinary training developed at CMHL Victoria.

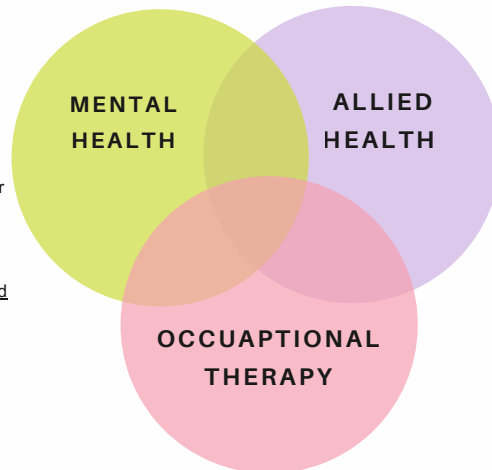
CMHL e-learning: This 2-hour four-module e-learning course introduces clinical supervision for mental health clinicians and is designed for supervisees.

MHPOD Learning Portal Supervision Training and Group Supervision Training This 1-hour self-directed online training topic outlines the importance of supervision and self-care to optimize the well-being and professional practice of mental health clinicians in their first two years of clinical practice.

OTA SUPERVISION PROGRAM:

OTA Professional Supervision Course: 12-week interactive e-learning program provides 24 hours (12 weeks) of OT professional supervision training and reflection within your supervisor and supervisee roles, with the aim to "set you up to confidently undertake best practice supervision" and enable OTA Supervisor Endorsement.

OTA also provide Michelle Bihary's 2 day online training for Professional and Clinical Supervision for OTs.



VICTORIAN MENTAL HEALTH ALLIED HEALTH SUPERVISION PROJECT - BOUVERIE CENTRE:

The Allied Health Mental Health Clinical Supervision Project is a Department of Health workforce initiative to support experienced mental health allied health clinical educators and senior staff to deliver clinical supervision. Participate by EOI, in e-learning modules, forums, and 4 online training days. In 2025, Advanced Clinical Supervision Training will be offered to those who have previously completed the training as part of the project. Enquiries to A.Nyland@latrobe.edu.au

VICTORIAN ALLIED HEALTH:

Victorian Allied Health Clinical Supervision Framework e-learning Modules: This 2-hour five module e-learning course suitable for allied health supervisees and clinical supervisors.

Victorian Allied Health Clinical Supervision Framework Organisational Self-Assessment & Performance Indicator tool supports organisations and teams to evaluate their performance against the Victorian Allied Health Supervision Framework.

HOW DO I FIND AN OT SUPERVISOR/SUPERVISEE?

Mental Health Allied Health Supervision Database

Connecting occupational therapists with professional supervisors, increasing opportunities for discipline-specific supervision across Victorian public area mental health services.

[Find an Occupational Therapy Supervisor here.](#)

[Apply here to be listed as an Occupational Therapy Supervisor in the Database.](#)

[Reflective Questions for choosing the right Supervisor fit.](#)

[Reflective Questions provided by Capability 13- Enabling reflective and supportive ways of working, in Our workforce, our future: A capability framework or the mental health and wellbeing workforce:](#)

- How do I create space and time for myself, individually and with others, to think about my approaches and responses to improve my practice?
- How do I engage people around me with different skills and knowledge to support my perspectives on an issue?

FIND OT RESOURCES, FRAMEWORKS?



OTA Professional Supervision Framework (2025).



Victorian Allied Health Clinical Supervision Framework (2019)



Australian Occupational Therapy Professional Code of Conduct (2020)